

## Introduction to Lovingkindness (Mettā)

### **Class Playlist – contributions from all practitioners**

*handouts and class recordings available at [AudioDharma.org](http://AudioDharma.org)*

Song	Artist
Alabama	John Coltrane, <i>The Gentle Side of John Coltrane</i>
Dedication of Merit	Rev. Heng Sure <a href="http://www.dharmaradio.org/paramita/songs_notes15.htm">http://www.dharmaradio.org/paramita/songs_notes15.htm</a>
L'Enfant	Yanni & ??
Little Things	(Artist name needed...)
Lovingkindness	Eve Decker <a href="http://evedecker.com/lovingkindness/">http://evedecker.com/lovingkindness/</a>
Les petit enfant	Jimmy Buffett
Let it Be	The Beatles
Om Nirwana	Deva Premal
Sacred Heart	Cass McCombs <a href="http://songmeanings.com/songs/view/3530822107858710653/">http://songmeanings.com/songs/view/3530822107858710653/</a>
Spiritual, Spiritual	B-Drive, <a href="https://soundcloud.com/b-drive">https://soundcloud.com/b-drive</a>
Stabat Mater	Dvorak <a href="https://www.youtube.com/watch?v=WMU0MYr7F9Q">https://www.youtube.com/watch?v=WMU0MYr7F9Q</a>