Entering the Stream: Logistics

Course Learning Home:

The course assignments, readings, and recordings will be hosted by Audiodharma.org. You can access through "Courses" on the lefthand menu on the Audiodharma homepage. Then in the "Code Access to Courses" window, enter **tvjm** (**t**rue **v**ipassana **j**oins **m**etta) or click <u>here</u>. Once you have entered the course page, please bookmark this page

Dates: From 9:00 a.m. to 4:00 p.m. Pacific Standard Time each day on Zoom

Monday, Oct 2
Friday, Oct 27
Friday, Dec 8
Friday, Jan 19
Wednesday-Friday, Feb 28 – March 1: Three-day ETS retreat
Friday, March 29
Saturday, May 4

Lunch break will be 75 to 90 minutes long, starting around 12:00 p.m. PST.

Zoom meetings:

Click here to enter the Zoom room or use:

https://us02web.zoom.us/j/86046059734?pwd=YUdmQkMyaTgvcFdCMnlTUEtyYVlaZz09

The password to enter the Zoom room is: Entering

Phone access: 669 444 9171 Meeting ID: 860 4605 9734

Passcode: Entering

Recordings: Each Zoom session will be recorded and posted in Audiodharma on the course

portal.

Readings:

The primary teaching in this course are my assigned writings. These essays will mostly be the results of my own studies into the suttas, i.e., the early teachings of the Buddha. Some essays will be made available about two or three weeks before our Zoom meetings. These will

be the basis of our discussion and exploration in our morning session. Some essays will be posted immediately after our Zoom session. These are follow-up material for our afternoon sessions. This means that the course presents new readings every two weeks. I plan on making audio recordings of the essays for those who prefer to listen. They will be on the course site.

When you open a document, you have the option to download it by hovering your cursor one inch from the center bottom of the page.

Discussion Groups:

You have the option to participate in a monthly discussion group. This is a chance to discuss the readings, exercises, and class meetings. Many of the groups have been assigned based on geographic or time zone proximity. Hopefully, you will find a time you can meet once a month for at least 1 ½ hours. Some groups of ten or eleven people are large enough to establish two times each month so there is a greater chance of everyone having a time that works. You will receive an email introducing you to your group.

Volunteering:

It would be helpful to have some volunteers during the course.

- 1. Someone to manage and post the recordings of our Zoom sessions.
- 2. Someone to be the Zoom manager for our sessions.
- 3. Someone to help set up and support the discussion groups.

If you are interested in volunteering, you can either email me (if you have my email address) or send me a chat at our first session on August 2

Dana:

https://www.insightmeditationcenter.org/donate/