

Assignment 2 Following First Class

Code for Monday's class recording is on our Audiodharma course. Code is TVJM. Do not share code with non-participants

Reading for Oct 2-15

- 3. *Naturalistic Buddhism*
- 4. *What is the Dharma*
- 5. *Direct Experience*
- 6. *An Auspicious Day* (from *Middle Length Discourses* 131)

Reflective Questions:

These are for your own personal reflections and, if you wish, to discuss with your home group or one-on-one with a fellow participant.

- *What misinterpretations or misunderstandings have you had about Buddhism, the Dharma, or Buddhist practice? How did you discover your misunderstanding? What difference did it make to your practice to discover this?*
- *In your experience, how do meditation and mindfulness practice overcome inaccurate interpretations and conceptual projections you have about yourself, others, life, and Buddhist practice?*
- *What do you think the role that sensory experience has in recognizing inaccurate interpretations of experience? What role does it have in supporting your meditation and/or your Dharma path?*

Note: Our next two classes are from 9:00 a.m. to 4:00 p.m. on Friday, October 27 and Friday, December 8. The next assignment will be posted by October 15.